

## STANDARDS OF DRESS

ALCS has established standards of dress in both elementary and middle school to promote a scriptural standard of modesty and foster attitudes that are conducive to learning. Wearing certain clothes does not determine our level of spirituality, but does show others our self-discipline, respect for others, commitment to excellence and submission to authority.

We ask that everyone in both elementary and middle school observe the following standards:

Clothing	Notes
GENERAL	<ul style="list-style-type: none"> <li>• All clothing must be appropriately sized</li> <li>• All clothing must be modest</li> <li>• Clothing must be clean and free of holes, tears, frays and bleach marks</li> <li>• All graphics and printing on garments must be appropriate</li> <li>• Any change of clothing kept at school must be within the standards of dress</li> <li>• Teachers and Administration will determine the appropriateness of any garments worn</li> </ul>
Tops	<ul style="list-style-type: none"> <li>• All shirts/blouses/dresses must have sleeves</li> <li>• Tops cannot show undergarments or come off the shoulder (“cold shoulder”)</li> <li>• Necklines of tops (girls and boys)/dresses must not come below the base of the collar bone</li> <li>• Any top considered sheer must have a solid t-shirt (no words or pictures) or tank top of the same color underneath.</li> <li>• During cold weather months, sweaters and sweatshirts are allowed. Outdoor coats may not be worn inside</li> <li>• Shirts meeting the standards of dress must be worn under sweaters and sweatshirts</li> </ul>
Bottoms	<ul style="list-style-type: none"> <li>• Dresses, shorts (girls and boys) or skirts must be to the top of the knee</li> <li>• Spandex, form-fitting, pajama-style, harem, athletic, sweatpants or skinny style pants are not allowed</li> <li>• Elementary students may wear gym shorts and athletic pants, but not sweatpants. Middle school students may wear cargo or Bermuda-style shorts daily, and may wear gym shorts on gym day</li> <li>• Leggings may ONLY be worn in Grades 4-8 if under an appropriate length dress, skirt or tunic. Grades K-3 may wear appropriately sized leggings as pants.</li> <li>• Playground activity requires that bike shorts be worn under skirts and dresses in grades K-5</li> <li>• Capri pants may be worn</li> <li>• Pants, skirts, shorts, capris must sit at the natural waist (no hip-huggers or low-riders)</li> </ul>
Shoes	<ul style="list-style-type: none"> <li>• Shoes must be worn and tied at all times</li> <li>• Boots or shoes with deep treads are not allowed as “all-day” shoes. Please bring a change of shoes</li> <li>• Platform shoes, clogs, and jelly shoes may not be worn</li> <li>• Flip flops are not allowed in any grade</li> <li>• Sandals must have heel straps in middle school; sandals are not allowed in grades K-5</li> <li>• Heels must not exceed a height of 1”</li> <li>• Closed toe sneakers and socks must be worn for Physical Education</li> </ul>

Jewelry	<ul style="list-style-type: none"> <li>• Must not be inappropriate, excessive or distracting</li> <li>• No body piercings or tattoos (temporary or permanent)</li> <li>• Girls may wear pierced earrings</li> </ul>
Girls' Make-up	<ul style="list-style-type: none"> <li>• Makeup may be worn in grades 7 and 8 only</li> <li>• Makeup must appear natural, modest and not in excess</li> <li>• Makeup and false nails are not acceptable for elementary students</li> </ul>
Hair	<ul style="list-style-type: none"> <li>• Clean, neat and conventional styles (no tails, mohawks, etc.)</li> <li>• Natural hair colors</li> </ul>
Head Coverings	<ul style="list-style-type: none"> <li>• Hats or head coverings of any kind may not be worn in the building</li> <li>• Sweatshirts with hoods may be worn, but the hood may not be worn in the building</li> </ul>
Middle School Chapel	<ul style="list-style-type: none"> <li>• Boys must wear button down, collared shirts (a white t-shirt without pictures or words must be worn under white shirts), dress pants, a tie and a belt.</li> <li>• Clean, neat shoes</li> <li>• Girls may wear appropriate blouses and skirts or dresses.</li> <li>• A white tank top or camisole must be worn under white blouses; there must be a tank top or t-shirt without words or pictures under any top considered thin or sheer, and must be the same color as the top</li> <li>• Clean, neat shoes not exceeding 1" in height</li> </ul>